

NAME: \_\_\_\_\_

DOB: \_\_\_\_\_

DATE: \_\_\_\_\_

## ANA (+) Screening For Systemic Lupus Erythematosus

- ☐ **Hair Loss / Non – Scarring Alopecia** – diffuse thinning or hair fragility, in the absence of other causes such as alopecia areata, drugs, iron deficiency, and androgenic alopecia
- ☐ **Malar Rash** – butterfly rash, specifically covering cheeks and the bridge of your nose
- ☐ **Photosensitive Rash** – sun exposed surfaces more prone to tender rashes lasting more than 2-3 days
- ☐ **Nasal / Genital Ulcers** - lasting more than a few days
  - **Painful**
  - **Painless**
- ☐ **Oral Ulcers**
  - **Site:** Palate – soft / hard | Tongue | Inner cheek
  - **Painful**
  - **Painless**
- ☐ **Raynaud's Phenomenon** – numbness / cold sensation of either digits & toes, sometimes causing pain and discoloration – white, purple, blue, red. Exacerbated by cold temperatures
- ☐ **Arthritis** – swelling and/or tenderness in 2 or more joints and at least 30 minutes of morning stiffness for more than 6 weeks
- ☐ **Pleurisy / Pleural Effusion** – fluid in the lungs
- ☐ **Pericardial effusion** – fluid in the heart
- ☐ **Thrombocytopenia** – low platelet count causing abnormal bleeding
- ☐ **Hemolytic Anemia** – red blood cells are destroyed faster than they can be made, requiring blood transfusions
- ☐ **Leukopenia** – decreased number of white blood cells
- ☐ **Kidney involvement and/or disease**
- ☐ **Seizures**
- ☐ **Cognitive Changes**
- ☐ **Severe Memory Loss**
- ☐ **Severe Fatigue** – unexplained by any other medical condition
- ☐ **Intermittent Fevers**
- ☐ **Unintentional Weight Loss**